



## **New Mexico Commodity Supplemental Food Program (CSFP) for Seniors**

NM HSD partners with community organizations throughout the state to provide nutritious food to supplement the diet of Seniors who may be at risk for malnutrition. Currently, there are 5 regional centers and 111 tailgate sites located throughout the state who distribute a monthly box of food to eligible persons 60 years and older.

### **How Do I Qualify for CSFP?**

- **Age 60 years** of age and older: **Proof of Age and Identity:** photo id preferred, **does not need** to be current or from the US
- **Income Eligibility Requirement: Self-Declaration;** up through 130% of the Federal Poverty guidelines published annually by the Department of Health and Human Services
- **Residency: Self-Declaration;** must live within the service area at the time of application for services.

### **How Do I Apply for CSFP?**

Applications are available at the warehouses and distribution sites.

Households seeking food assistance are frequently eligible for other assistance programs that may provide much needed resources. These programs include The Emergency Food Assistance Program (TEFAP), and the Supplemental Nutrition Assistance Program (SNAP). Non-nutrition programs such as Medicaid, Medicare Savings Program (MSP) and Low-Income Home Energy Assistance Program (LIHEAP) are also available for qualifying persons. Information is available through the Income Support Division county offices and on-line at:

<https://www.yes.state.nm.us>.

**This Institution is an Equal Opportunity Provider.**

## Monthly Food Package



Commodity Food Group Package	Food Item	Number of Items per Month
<b>Fruits and Juice</b>	Canned Fruit (15.5 oz.) Juice (64 oz.) Raisins (15 oz.)	<b>1</b> Juice and <b>3</b> cans Fruit; <b>or</b> <b>2</b> Juices and <b>2</b> cans Fruit; <b>or</b> <b>1</b> package Raisins, <b>1</b> Juice and <b>2</b> cans Fruit; <b>or</b> <b>1</b> package Raisins, <b>2</b> Juices and <b>1</b> can Fruit
<b>Vegetables</b>	Canned Vegetables or Soup (10.5 – 15.5 oz.) Dehydrated Potatoes (1 lb.)	<b>8</b> cans Vegetables or Soup; <b>or</b> <b>6</b> cans Vegetables or Soup and <b>1</b> package Dehydrated Potatoes.
<b>Cheese</b>	Cheese (2 lb.)	<b>1</b> package
<b>Milk</b>	UHT Fluid Milk 1% (32 oz.) Instant Nonfat Dry Milk (12.8 oz.)	<b>2</b> UHT Milk; <b>or</b> <b>1</b> UHT Milk and <b>1</b> package Nonfat Dry Milk
<b>Meat, Poultry and Fish Can or Pouch</b>	Beef, Beef Stew (24 oz.) Chili (10-15 oz <b>or</b> 24 oz) Chicken (10 – 15 oz.) Tuna (12 oz.) Salmon (14.75 oz.)	<b>1</b> Beef (24 oz.) and <b>1</b> Meat, Poultry or Fish (10-15oz); <b>or</b> <b>3</b> Meat, Poultry and/or Fish (10-15 oz.) in any combination
<b>Plant-Based Protein</b>	Canned Beans (15.5 oz.) Dry Beans (1lb.) Dry Lentils (1 lb.) Peanut Butter (16 oz.)	<b>3</b> Units of any combination of Canned Beans, Dry Beans (1 lb.) or Lentils (1lb.), and Peanut Butter
<b>Cereals</b>	Ready to Eat Dry Cereal (12 – 18 oz.) Farina (18 oz.) Rolled Oats (18 oz.) Grits (2 lb.)	<b>2</b> Units of any combination of Cereal, Farina, Rolled Oats, and Grits
<b>Pasta and Rice</b>	Pasta (1 lb.) White or Brown Rice (1 lb.)	<b>2</b> Units of any combination of Pasta (1 lb.) and Rice (1 lb.)

**Call the nearest regional center for more information on eligibility, and to find the location closest to you. Four contractors support all 33 NM counties:**

### Central Region

Economic Council Helping Others, Inc.  
(ECHO, Inc.)  
300 Menaul Blvd NW, Ste. 226,  
Albuquerque, NM 87107  
**505-242-6777**

**Bernalillo, Cibola, Los Alamos, Rio Arriba (Española), Sandoval, Santa Fe, Valencia**

### Southern Region

Loaves and Fishes, Inc.  
320 Southgate Court, Las Cruces, NM  
88005  
**575-523-1272**

**Doña Ana, Luna, Otero (Alamogordo & Tularosa), Sierra**

### Eastern Region

The Salvation Army Roswell Corps  
207 Chisum St., Roswell, NM 88201  
**575-625-2030**

**Chaves, Colfax, Curry, De Baca, Eddy, Guadalupe, Harding, Lea, Lincoln, Mora, Otero (Mescalero), Quay, Roosevelt, San Miguel, Socorro, Taos, Torrance, Union**

### Northwest Region

Economic Council Helping Others, Inc.  
(ECHO, Inc.)  
401 S. Commercial St., Farmington NM  
87401  
**505-326-3770**

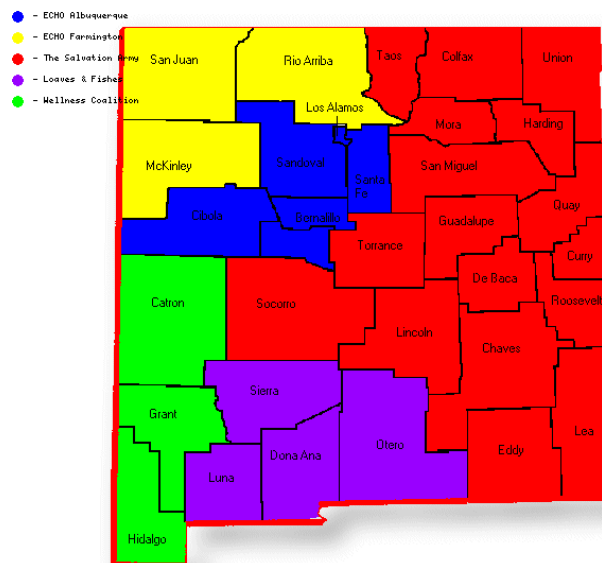
**McKinley, Rio Arriba, San Juan, Sandoval (Cuba)**

### Southwest Region

The Wellness Coalition  
524 De Moss, Lordsburg, NM 88045  
**575-956-3056**

**Catron, Grant, Hidalgo**

CSFP Counties of Service



Source: dynmap.net (\*)



**EFFECTIVE FEBRUARY 25, 2020      NM HSD FANS      CFSP INCOME GUIDELINES**  
**FEDERAL SENIOR POVERTY GUIDELINES 130%**

No. of Household Members	Total Income		
	Annual	Monthly	Weekly
1	\$16,588	\$1,383	\$319
2	\$22,412	\$1,868	\$431
3	\$28,236	\$2,353	\$543
4	\$34,060	\$2,839	\$655
5	\$39,884	\$3,324	\$767
6	\$45,708	\$3,809	\$879
7	\$51,532	\$4,295	\$991
8	\$57,356	\$4,295	\$1,103
<b>For each additional family member, add</b>	<b>+\$5,824</b>	<b>+\$486</b>	<b>+\$112</b>

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

**New Mexico Human Services Department, Income Support Division, Food and Nutrition Services Bureau**  
1425 William SE, Albuquerque, NM 87102-4661  
505-841-2693 or 505-841-2690