



“SKILLS FOR DEMENTIA CAREGIVING” Trainer also known as “Savvy Caregiver”

**WANTED: Volunteers to train individuals and families who are
Caring for loved ones with Alzheimer's disease or other dementias
In Your Community!**

Become a “Skills for Dementia Caregiving” Facilitator!

The “Skills for Dementia Caregiving” Program, also known as the “Savvy Caregiver” Program is an interactive training program for caregivers of loved ones with dementia. **Skills for Dementia Caregiving Training Facilitator’s** help caregivers become “savvy” by training caregivers to develop a sense of control or mastery while reducing stress and increasing their sense of satisfaction and accomplishment.

In an effort to expand the availability of the “Skills for Dementia Caregiving” Program throughout the state, the Alzheimer’s Association, NM Chapter, is recruiting and training volunteers to become “Skills for Dementia Caregiving” Program Facilitators. If you have a desire to assist the dementia caregivers in your community please consider becoming a Program Facilitator.

How you can make a difference:

- Attend Alzheimer’s Association **Facilitator Training**
- Train caregivers in your community and surrounding areas how to become savvy caregivers

How we support your success:

- Provide all training materials for your participants
- On-going support to ensure your success

For more information contact **505-266-4473** or call the Alzheimer’s Association toll free at **1-800-272-3900**.

Aging and Long-Term Services Department
Office of Alzheimer’s and Dementia Care
PO Box 27118
Santa Fe, NM 87502
<http://www.nmaging.state.nm.us/alzheimer-s-and-dementia-care.aspx>

Aging and Disability Resource Center (ADRC)
PO Box 27118
Santa Fe, NM 87502
505-476-4846
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TTY: 505-476-4937
<http://www.nmaging.state.nm.us/adrc.aspx>