



dementia caregiving in new mexico

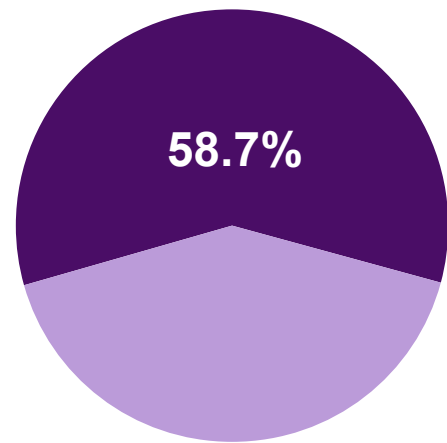
DATA FROM THE 2017 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In New Mexico, more than half of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

More than 40 percent of Alzheimer's and dementia caregivers provide 20 or more hours of care per week.

Almost one-third of dementia caregivers are in the "sandwich generation"—caring for both someone with dementia and a child or grandchild.

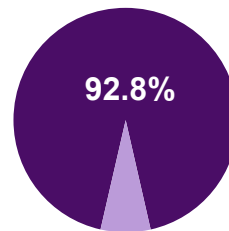
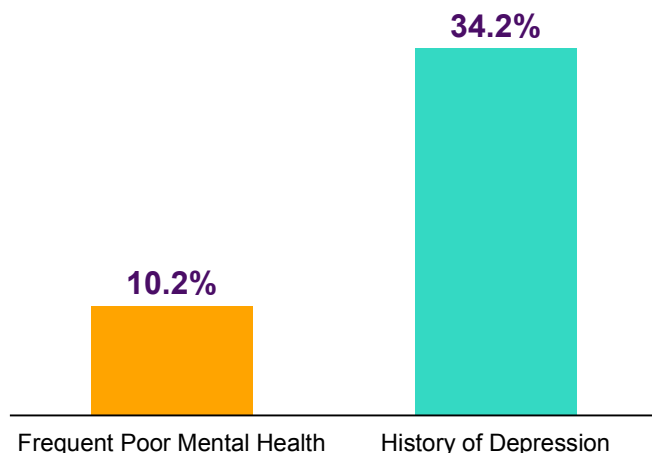
Percent of dementia caregivers providing care for at least 2 years



Characteristics of Alzheimer's and Other Dementias Caregivers

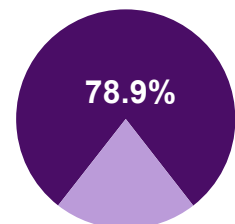
| Gender | | Age | | Hours of Care per Week | | Caring for Parent or Parent-in-law | Also Caring for Minor |
|--------|-------|-------|-------|------------------------|-------|------------------------------------|-----------------------|
| Women | Men | 45-64 | 65+ | 20+ | 40+ | | |
| 65.4% | 34.6% | 42.9% | 26.7% | 44.7% | 34.4% | 46.8% | 31.2% |

Impact of Alzheimer's and dementia caregiving



Percent who manage household care, such as cleaning or cooking

Percent who manage personal care, such as feeding or bathing



This Fact Sheet is supported by Cooperative Agreement #NU58DP006115 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.