



## Content Type: Best Practices

<b>Course Title or Fact Sheet</b>	New Mexico Senior Services Best Practices
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	A description of how best practices for seniors look
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/What%20are%20Best%20Practices%20(Versio%203_15_17).docx">http://www.nmaging.state.nm.us/uploads/files/What%20are%20Best%20Practices%20(Versio%203_15_17).docx</a>



## Content Type: Best Practices

<b>Course Title or Fact Sheet</b>	Senor Services—Best Practices—Pueblo of Isleta
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	A description of best practices at Isleta Pueblo
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/hata-bp-presentations.aspx">http://www.nmaging.state.nm.us/hata-bp-presentations.aspx</a>



## Content Type: Best Practices

<b>Course Title or Fact Sheet</b>	National Institute of Senior Centers
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Resources for seniors
<b>Link</b>	<a href="https://www.ncoa.org/national-institute-of-senior-centers/">https://www.ncoa.org/national-institute-of-senior-centers/</a>



## Content Type: Data

<b>Course Title or Fact Sheet</b>	Building Effective Data Collection Plans (PowerPoint)
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Resource for data collection
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Building%20Effective%20Data%20Collection%20Plans%20PPT%20to%20Post.pptx">http://www.nmaging.state.nm.us/uploads/files/Building%20Effective%20Data%20Collection%20Plans%20PPT%20to%20Post.pptx</a>



## Content Type: Data

<b>Course Title or Fact Sheet</b>	Data Glossary
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	A glossary of data terms
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Data%20Glossary_V_FINAL_11_9_17.pdf">http://www.nmaging.state.nm.us/uploads/files/Data%20Glossary_V_FINAL_11_9_17.pdf</a>



## Content Type: Data

<b>Course Title or Fact Sheet</b>	Data Quality Optional Self-Assessment
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Do you have quality data?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Data%20Quality%20Optional%20Self-Assessment_VFINAL_D_11_9_17.pdf">http://www.nmaging.state.nm.us/uploads/files/Data%20Quality%20Optional%20Self-Assessment_VFINAL_D_11_9_17.pdf</a>



## Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	What is Dementia?
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Dementia description
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/What%20is%20Dementia_VFINAL.pdf">http://www.nmaging.state.nm.us/uploads/files/What%20is%20Dementia_VFINAL.pdf</a>



Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	Dementia resources for schools—students aged 5–7
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Curriculum for school aged students 5–7
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/School%20Resources%20-%20Ages%205%20to%207.pdf">http://www.nmaging.state.nm.us/uploads/files/School%20Resources%20-%20Ages%205%20to%207.pdf</a>





Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	Dementia resources for schools—students aged 7–11
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Curriculum for school aged students 7–11
<b>Link</b>	
	<a href="http://www.nmaging.state.nm.us/uploads/files/School%20Resources%20-%20Ages%207%20to%2011.pdf">http://www.nmaging.state.nm.us/uploads/files/School%20Resources%20-%20Ages%207%20to%2011.pdf</a>



## Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	Dementia resources for schools students aged 11–14
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Curriculum for school aged students 11–14
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Alzheimer's%20Society_Key%20Stage%203%20resources_11%20to%2014_us.pdf">http://www.nmaging.state.nm.us/uploads/files/Alzheimer's%20Society_Key%20Stage%203%20resources_11%20to%2014_us.pdf</a>



## Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	Dementia resources for schools students aged 14–16
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Curriculum for school aged students 14–16
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Alzheimer's%20Society%20-%20Key%20Stage%204%20resources%20for%20schools_us_14_16_FINAL.pdf">http://www.nmaging.state.nm.us/uploads/files/Alzheimer's%20Society%20-%20Key%20Stage%204%20resources%20for%20schools_us_14_16_FINAL.pdf</a>



## Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	Health Resources and Services Administration Training Curriculum Dementia
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Modules 1–12 Curriculum to promote interprofessional teamwork
<b>Link</b>	<a href="https://bhw.hrsa.gov/grants/geriatrics/alzheimers-curriculum">https://bhw.hrsa.gov/grants/geriatrics/alzheimers-curriculum</a>



## Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	2017 Living with Dementia
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Advance Planning Guides for Caregivers and Persons with Dementia
<b>Link</b>	<a href="https://nadrc.acl.gov/">https://nadrc.acl.gov/</a>



## Content Type: Dementia Friendly

<b>Course Title or Fact Sheet</b>	Dementia, Caregiving and Transportaion
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Resource Guide for Persons with Dementia and Caregivers
<b>Link</b>	<a href="http://www.nadtc.org/wp-content/uploads/Dementia_Caregiving_and_Transportation.pdf">http://www.nadtc.org/wp-content/uploads/Dementia_Caregiving_and_Transportation.pdf</a>



## Content Type: Employment Programs

<b>Course Title or Fact Sheet</b>	Conducting a Job Search
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Resource Guide for Conducting a Job Search
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Job%20Search%20Course_VFINAL_9_28_17.pdf">http://www.nmaging.state.nm.us/uploads/files/Job%20Search%20Course_VFINAL_9_28_17.pdf</a>



## Content Type: Employment Programs

<b>Course Title or Fact Sheet</b>	Slips, Trips, and Falls
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Guide for Preventing Slips, Trips, and Falls
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Slips%2C%20Trips%2C%20and%20Falls%20Course_VF%20FINAL%20D_8_25_17.pdf">http://www.nmaging.state.nm.us/uploads/files/Slips%2C%20Trips%2C%20and%20Falls%20Course_VF%20FINAL%20D_8_25_17.pdf</a>





**Content Type: General**

<b>Course Title or Fact Sheet</b>	CDC Train
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Centers for Disease Control over 1,000 courses about public health
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/CDC%20TRAIN%20Course_9_12_17_VFINAL.pdf">http://www.nmaging.state.nm.us/uploads/files/CDC%20TRAIN%20Course_9_12_17_VFINAL.pdf</a>



## Content Type: HACCP

<b>Course Title or Fact Sheet</b>	Assembling a Body Fluid Kit
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Kitchen Competence—Standard Operating Procedure #1 HACCP
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/HACCP_SOP%201_Assembling%20a%20Bodily%20Fluid%20Cleanup%20Kit%20VFinal.pdf">http://www.nmaging.state.nm.us/uploads/files/HACCP_SOP%201_Assembling%20a%20Bodily%20Fluid%20Cleanup%20Kit%20VFinal.pdf</a>



## Content Type: HACCP

<b>Course Title or Fact Sheet</b>	Cleaning and Disinfecting Body Fluid Spills
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Kitchen Competence—Standard Operating Procedure #2 HACCP
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/HACCP_SOP2_Cleaning%20and%20Disinfecting%20Body%20Fluid%20Spills_VFINAL1_D_9_1_17.pdf">http://www.nmaging.state.nm.us/uploads/files/HACCP_SOP2_Cleaning%20and%20Disinfecting%20Body%20Fluid%20Spills_VFINAL1_D_9_1_17.pdf</a>



## Content Type: HACCP

<b>Course Title or Fact Sheet</b>	Cleaning and Sanitizing Food Contact Surfaces
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Kitchen Competence—Standard Operating Procedure #3 HACCP
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/00%20-HACCP%20SOP3%20Cleaning%20and%20Sanitizing%20Food%20Contact%20Surfaces%20FINAL_9_14_17.pdf">http://www.nmaging.state.nm.us/uploads/files/00%20-HACCP%20SOP3%20Cleaning%20and%20Sanitizing%20Food%20Contact%20Surfaces%20FINAL_9_14_17.pdf</a>



## Content Type: HACCP

<b>Course Title or Fact Sheet</b>	Communicating During a Foodborne Illness Outbreak
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	Kitchen Competence—Standard Operating Procedure #4 HACCP
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/HACCP_SOP%204_Communicating%20During%20a%20Foodborne%20Illness%20Outbreak_VFinal.pdf">http://www.nmaging.state.nm.us/uploads/files/HACCP_SOP%204_Communicating%20During%20a%20Foodborne%20Illness%20Outbreak_VFinal.pdf</a>



## Content Type: Health and Wellness

<b>Course Title or Fact Sheet</b>	Fitness and Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Finding Activities You Enjoy
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/FindingActivitiesYouEnjoy.pdf">http://www.nmaging.state.nm.us/uploads/files/FindingActivitiesYouEnjoy.pdf</a>



## Content Type: Health and Wellness

<b>Course Title or Fact Sheet</b>	Food Safety—First Nations Hunting and Gathering
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	How do you safely hunt and gather food?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/First%20Nations%20Hunting%20and%20Gathering%20Course%20VFINAL%20D9_8_17.pdf">http://www.nmaging.state.nm.us/uploads/files/First%20Nations%20Hunting%20and%20Gathering%20Course%20VFINAL%20D9_8_17.pdf</a>



## Content Type: Health and Wellness

<b>Course Title or Fact Sheet</b>	Nutrition Education—Next Steps to Better Nutrition Program
<b>Presentation Type</b>	Course
<b>Brief Explanation</b>	NCOA—Modules 1–6 Describing Better Nutrition
<b>Link</b>	<a href="https://www.ncoa.org/economic-security/benefits/food-and-nutrition/next-steps-to-better-nutrition-program/?utm_source=email&amp;utm_medium=newsletter&amp;utm_content=next_steps_nutrition&amp;utm_campaign=NCOAWeek&amp;utm_term=2016_02_23#intraPageNav0">https://www.ncoa.org/economic-security/benefits/food-and-nutrition/next-steps-to-better-nutrition-program/?utm_source=email&amp;utm_medium=newsletter&amp;utm_content=next_steps_nutrition&amp;utm_campaign=NCOAWeek&amp;utm_term=2016_02_23#intraPageNav0</a>





## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Aging Network Training 12/6/2017
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Capital Outlay
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ANT%20Capital%20Outlay%2012_6_17.pptx">http://www.nmaging.state.nm.us/uploads/files/ANT%20Capital%20Outlay%2012_6_17.pptx</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Aging Network Training 12/6/2018
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Grandfamilies Fact Sheet
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Grandfamilies-Fact-Sheet-New-Mexico.pdf">http://www.nmaging.state.nm.us/uploads/files/Grandfamilies-Fact-Sheet-New-Mexico.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Aging Network Training 12/6/2019
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Grandparent Resources
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Aging%20Network%20Training%20GRG%20Dec%202017.pdf">http://www.nmaging.state.nm.us/uploads/files/Aging%20Network%20Training%20GRG%20Dec%202017.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Aging Network Training 12/6/2020
<b>Presentation Type</b>	Manual
<b>Brief Explanation</b>	In Loving Arms—The Protective Role of Grandparents
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/17-InLovingArms-Grandfamilies.pdf">http://www.nmaging.state.nm.us/uploads/files/17-InLovingArms-Grandfamilies.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Aging Network Training 12/6/2021
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Multigenerational Food Programs
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ANTS%20120617.pptx">http://www.nmaging.state.nm.us/uploads/files/ANTS%20120617.pptx</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Aging Network Training 12/6/2022
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Vision: A World Without Alzheimer's
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Alz_Assoc_-Commun-Behavior-Conver%20bout%20dementia.ppt">http://www.nmaging.state.nm.us/uploads/files/Alz_Assoc_-Commun-Behavior-Conver%20bout%20dementia.ppt</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	19th Annual Data Users Conference 11/16/2018
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	2020 Census How communities Can Prepare
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2020CensusHowCommunitiesCanPrepare.pdf">http://www.nmaging.state.nm.us/uploads/files/2020CensusHowCommunitiesCanPrepare.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	20th Annual Data Users Conference 11/16/2018
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Happiness and Wellbeing Measures and Public Policy
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/HappinessAndWellbeingMeasuresAndPublicPolicy.pdf">http://www.nmaging.state.nm.us/uploads/files/HappinessAndWellbeingMeasuresAndPublicPolicy.pdf</a>





## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	21st Annual Data Users Conference 11/16/2018
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	New Mexico Population Updates
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NewMexicoPopulationUpdates.pdf">http://www.nmaging.state.nm.us/uploads/files/NewMexicoPopulationUpdates.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	22nd Annual Data Users Conference 11/16/2018
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	New Mexico's Economy, Current Situation and Outlook
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NewMexicoPopulationUpdates.pdf">http://www.nmaging.state.nm.us/uploads/files/NewMexicoPopulationUpdates.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	23rd Annual Data Users Conference 11/16/2018
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	ANSDC Affiliates Meeting and Workshop
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NMSDCAffiliatesMeetingAndWorkshopPN.pdf">http://www.nmaging.state.nm.us/uploads/files/NMSDCAffiliatesMeetingAndWorkshopPN.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	2017 NMCAL Warmline Presentation
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	NM Crisis and Access Line and Peer to Peer Warmline
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2017_NMCAL_Warmline_Presentation-EMAIL.pdf">http://www.nmaging.state.nm.us/uploads/files/2017_NMCAL_Warmline_Presentation-EMAIL.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	39th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Medicare vs Medicaid
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/39thConfAging--Medicare%20v%20Medicaid.pdf">http://www.nmaging.state.nm.us/uploads/files/39thConfAging--Medicare%20v%20Medicaid.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	39th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Social Security vs SSI
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/39thConfAging--SocialSecurity%20v%20SSI.pdf">http://www.nmaging.state.nm.us/uploads/files/39thConfAging--SocialSecurity%20v%20SSI.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	39th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Age Friendly PowerPoint
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/39thConfAging--SocialSecurity%20v%20SSI.pdf">http://www.nmaging.state.nm.us/uploads/files/39thConfAging--SocialSecurity%20v%20SSI.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	39th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Disrupt Aging
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Disrupt_Aging_NMConf%20on%20Aging%202017.pdf">http://www.nmaging.state.nm.us/uploads/files/Disrupt_Aging_NMConf%20on%20Aging%202017.pdf</a>





## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	39th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Money Smart for Older Adults
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NM%202017%20Conf%20on%20Aging_PPT.pdf">http://www.nmaging.state.nm.us/uploads/files/NM%202017%20Conf%20on%20Aging_PPT.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	39th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Feet Can Last a Lifetime
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NM%20COA%20-%20Feet%20can%20Last%20a%20Lifetime%208-2017.pdf">http://www.nmaging.state.nm.us/uploads/files/NM%20COA%20-%20Feet%20can%20Last%20a%20Lifetime%208-2017.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	38th Conference on Aging
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Falls Prevention from the Feet Up
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NM%20COA%202016-%20Falls%20Prevention%20from%20the%20Feet%20Up.pdf">http://www.nmaging.state.nm.us/uploads/files/NM%20COA%202016-%20Falls%20Prevention%20from%20the%20Feet%20Up.pdf</a>



## Content Type: Presentations

<b>Course Title or Fact Sheet</b>	Primer for Screening the Diabetic Foot 9-2017
<b>Presentation Type</b>	Presentation
<b>Brief Explanation</b>	Screening the Diabetic Foot
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/Primer%20for%20Screening%20the%20Diabetic%20Foot%209-2017.pdf">http://www.nmaging.state.nm.us/uploads/files/Primer%20for%20Screening%20the%20Diabetic%20Foot%209-2017.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	10 Warning Signs Your Older Family Member May Need Help
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%9410%20Warning%20Signs%20Your%20Older%20Family%20Member%20May%20Need%20Help.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%9410%20Warning%20Signs%20Your%20Older%20Family%20Member%20May%20Need%20Help.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	A Talk With An Elder Driver
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Talk%20With%20An%20Elder%20Driver.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Talk%20With%20An%20Elder%20Driver.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Administration for Community Living
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Administration%20for%20Community%20Living.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Administration%20for%20Community%20Living.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Adult Day Care
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Adult%20Day%20Care.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Adult%20Day%20Care.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Aging and Disability Resource Centers in a No Wrong Door System
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Aging%20and%20Disability%20Resource%20Centers%20in%20a%20No%20Wrong%20Door%20System.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Aging%20and%20Disability%20Resource%20Centers%20in%20a%20No%20Wrong%20Door%20System.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alzheimer's Disease
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Alzheimer%E2%80%99s%20Disease.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Alzheimer%E2%80%99s%20Disease.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Assisted Living
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Assisted%20Living.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Assisted%20Living.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Caring for Someone with Developmental Disabilities
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94A%E2%80%94Caring%20for%20Someone%20with%20Developmental%20Disabilities.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94A%E2%80%94Caring%20for%20Someone%20with%20Developmental%20Disabilities.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Challenges of Global Aging
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Challenges%20of%20Global%20Aging.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Challenges%20of%20Global%20Aging.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Government Assisted Housing
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Government%20Assisted%20Housing.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Government%20Assisted%20Housing.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Home Modifications
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Home%20Modifications.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Home%20Modifications.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Hospice Care
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94A%E2%80%94Hospice%20Care.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94A%E2%80%94Hospice%20Care.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	National Education and Resource Center on Women and Retirement Planning
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94National%20Education%20and%20Resource%20Center%20on%20Women%20and%20Retirement%20Planning.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94National%20Education%20and%20Resource%20Center%20on%20Women%20and%20Retirement%20Planning.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Pension Counseling and Information Projects
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Pension%20Counseling%20and%20Information%20Projects.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Pension%20Counseling%20and%20Information%20Projects.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Protecting American's Seniors The Elder Abuse Prevention Interventions Program
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%9494AoA%E2%80%9494Protecting%20American%E2%80%99s%20Seniors%20The%20Elder%20Abuse%20Prevention%20Interventions%20Program.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%9494AoA%E2%80%9494Protecting%20American%E2%80%99s%20Seniors%20The%20Elder%20Abuse%20Prevention%20Interventions%20Program.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Taking Care of Yourself
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Taking%20Care%20of%20Yourself.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94AoA%E2%80%94Taking%20Care%20of%20Yourself.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Administration for Community Living
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Working Caregivers Finding a Balance
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94A%E2%80%94Working%20Caregivers%20Finding%20a%20Balance.pdf">http://www.nmaging.state.nm.us/uploads/files/ACL%E2%80%94A%E2%80%94Working%20Caregivers%20Finding%20a%20Balance.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Dementia Friendly
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Brain Health Resource
<b>Link</b>	<a href="https://www.nia.nih.gov/health/brain-health-resource">https://www.nia.nih.gov/health/brain-health-resource</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Dementia Friendly
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Helping People with Alzheimer's Disease Stay Physically Active
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Helping%20People%20with%20Alzheimer%E2%80%99s%20Disease%20Stay%20Physically%20Active.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Helping%20People%20with%20Alzheimer%E2%80%99s%20Disease%20Stay%20Physically%20Active.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Dementia Friendly
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Explaining Dementia to Children or Young People (US version)
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/UK%E2%80%94ALZ%E2%80%94Explaining%20Dementia_to_Children_or_Young_People_US.pdf">http://www.nmaging.state.nm.us/uploads/files/UK%E2%80%94ALZ%E2%80%94Explaining%20Dementia_to_Children_or_Young_People_US.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Diabetes Management
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	The Community Guide Diabetes Management
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/The%20Community%20Guide_OnePager-Diabetes-Management-LifestyleChanges.pdf">http://www.nmaging.state.nm.us/uploads/files/The%20Community%20Guide_OnePager-Diabetes-Management-LifestyleChanges.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Exercise and Osteoporosis
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ExerciseAndOsteoporosis.pdf">http://www.nmaging.state.nm.us/uploads/files/ExerciseAndOsteoporosis.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Life Benefits of Exercise and Physical Activity
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA_NIHReal-Life%20Benefits%20Of%20Exercise%20And%20Physical%20Activity.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA_NIHReal-Life%20Benefits%20Of%20Exercise%20And%20Physical%20Activity.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Be Physically Active without Spending a Dime
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Be%20Physically%20Active%20without%20Spending%20a%20Dime.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Be%20Physically%20Active%20without%20Spending%20a%20Dime.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Caregivers and Exercise—Take Time for Yourself
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Caregivers%20and%20Exercise%E2%80%94Take%20Time%20for%20Yourself.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Caregivers%20and%20Exercise%E2%80%94Take%20Time%20for%20Yourself.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Family Activities for Fun and Good Health
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Family%20Activities%20for%20Fun%20and%20Good%20Health.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Family%20Activities%20for%20Fun%20and%20Good%20Health.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Find Your Starting Point
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Find%20Your%20Starting%20Point.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Find%20Your%20Starting%20Point.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Foot Care
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Foot%20Care.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Foot%20Care.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Fun Ideas for Being Active All Year
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Fun%20Ideas%20for%20Being%20Active%20All%20Year.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Fun%20Ideas%20for%20Being%20Active%20All%20Year.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Get Active! Your Keys to Success
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Get%20Active!%20Your%20Keys%20to%20Success.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Get%20Active!%20Your%20Keys%20to%20Success.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Give Me an A for Activity! Motivating Others to be Physically Active
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Give%20Me%20an%20A%20for%20Activity!%20%20Motivating%20thers%20To%20Be%20Physically%20Active.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Give%20Me%20an%20A%20for%20Activity!%20%20Motivating%20thers%20To%20Be%20Physically%20Active.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Go4Life Activity Ideas
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Go4Life%20Activity%20Ideas.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Go4Life%20Activity%20Ideas.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Have Fun. Be Active with Your Dog!
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Have%20Fun_%20%20Be%20Active%20with%20Your%20Dog!.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Have%20Fun_%20%20Be%20Active%20with%20Your%20Dog!.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Helping Older Family Members Become More Active
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Helping%20Older%20Family%20Members%20Become%20More%20Active.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Helping%20Older%20Family%20Members%20Become%20More%20Active.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Monthly Progress Test
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Monthly%20Progress%20Test.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Monthly%20Progress%20Test.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Motivating Your Patients to be Active
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Motivating%20Your%20Patients%20To%20Be%20Active.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Motivating%20Your%20Patients%20To%20Be%20Active.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Preventing Falls
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Preventing%20Falls.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Preventing%20Falls.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Starting to Exercise Again after a Break
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Starting%20to%20Exercise%20Again%20after%20a%20Break.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Starting%20to%20Exercise%20Again%20after%20a%20Break.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Staying Motivated to Stay Active
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Staying%20Motivated%20to%20Stay%20Active.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Staying%20Motivated%20to%20Stay%20Active.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Walking for Your Health
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Walking%20for%20Your%20Health.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Walking%20for%20Your%20Health.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Yoga and Older Adults
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Yoga%20and%20Older%20Adults.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Yoga%20and%20Older%20Adults.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Exercise
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Reaching Your Fitness Goals
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ReachingYourFitnessGoals.pdf">http://www.nmaging.state.nm.us/uploads/files/ReachingYourFitnessGoals.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Food Safety
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Food Safety When Cooking
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/ReachingYourFitnessGoals.pdf">http://www.nmaging.state.nm.us/uploads/files/ReachingYourFitnessGoals.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	NM New Food Regulations and Resources
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	New Food Handler Card and Certified Manager 3.1.2018
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NM_%20New%20Food%20Handler%20Card%20and%20Certified%20Manager%20Certifications%20extended%20to%20go%20into%20effect_3_1_2018.pdf">http://www.nmaging.state.nm.us/uploads/files/NM_%20New%20Food%20Handler%20Card%20and%20Certified%20Manager%20Certifications%20extended%20to%20go%20into%20effect_3_1_2018.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Medications
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Taking Medications Safely
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Taking%20Medications%20Safely.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Taking%20Medications%20Safely.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	MyPlate
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Tipsheet Choosing Whole Grain Foods English
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/DGTipsheet22ChoosingWholeGrainFoods_0_pd.pdf">http://www.nmaging.state.nm.us/uploads/files/DGTipsheet22ChoosingWholeGrainFoods_0_pd.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	MyPlate
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Tipsheet Choosing Whole Grain Foods Spanish
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/DGTipsheet22ChoosingWholeGrainFoods-spanish_pd.pdf">http://www.nmaging.state.nm.us/uploads/files/DGTipsheet22ChoosingWholeGrainFoods-spanish_pd.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Choosing Healthy Restaurant Meals
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Choosing%20Healthy%20Restaurant%20Meals.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Choosing%20Healthy%20Restaurant%20Meals.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Drinking Enough Fluids
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Drinking%20Enough%20Fluids.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Drinking%20Enough%20Fluids.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Healthy Snacking
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Health%20Snacking.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Health%20Snacking.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Maintaining a Healthy Weight
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Maintaining%20a%20Healthy%20Weight.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Maintaining%20a%20Healthy%20Weight.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Making Smart Food Choices
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Making%20Smart%20Food%20Choices.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Making%20Smart%20Food%20Choices.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Nutrition Facts Reading the Label
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Nutrition%20Facts%20Reading%20the%20Label.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Nutrition%20Facts%20Reading%20the%20Label.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Overcoming Roadblocks to Healthy Eating
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Overcoming%20Roadblocks%20to%20Healthy%20Eating.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Overcoming%20Roadblocks%20to%20Healthy%20Eating.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Serving and Portion Sizes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Serving%20and%20Portion%20Sizes.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Serving%20and%20Portion%20Sizes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Shopping for Food That's Good for You
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Shopping%20for%20Food%20That%E2%80%99s%20Good%20for%20You.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94Shopping%20for%20Food%20That%E2%80%99s%20Good%20for%20You.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	What Does "Healthy Eating" Mean
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94What%20Does%20%E2%80%9CHealthy%20Eating%E2%80%9D%20Mean.pdf">http://www.nmaging.state.nm.us/uploads/files/NIA%E2%80%94NIH%E2%80%94What%20Does%20%E2%80%9CHealthy%20Eating%E2%80%9D%20Mean.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Energy and Nutrient Density
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Energy%20and%20Nutrient%20Density.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Energy%20and%20Nutrient%20Density.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Where's the Water?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Where's%20the%20Water.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Where's%20the%20Water.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Five Steps to Food Safety
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Food%20Safety%20Five%20Steps%20to%20Food%20Safety.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Food%20Safety%20Five%20Steps%20to%20Food%20Safety.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Play it Safe with Eggs
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Food%20Safety%20Play%20it%20Safe%20with%20Egg.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Food%20Safety%20Play%20it%20Safe%20with%20Egg.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Does Your Kitchen Pass the Test?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Food%20Safety%20Does%20your%20Kitchen%20Pass%20the%20Test.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Food%20Safety%20Does%20your%20Kitchen%20Pass%20the%20Test.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	High-Risk Foods Crossword
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Food%20Safety%20High%20Risk%20Foods%20Crossword.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Food%20Safety%20High%20Risk%20Foods%20Crossword.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Basic Food Safety at Home
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Food%20Safety%20Basic%20Food%20Safety%20at%20Home.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Food%20Safety%20Basic%20Food%20Safety%20at%20Home.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Handling Fresh Produce
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Food%20Safety%20Handling%20Fresh%20Produce.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Food%20Safety%20Handling%20Fresh%20Produce.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	High Risk Foods Word Search
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Food%20Safty%20High%20Risk%20Foods%20Word%20Search.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Food%20Safty%20High%20Risk%20Foods%20Word%20Search.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Keeping Produce Fresh
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Food%20Safety%20Keeping%20Product%20Fresh.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Food%20Safety%20Keeping%20Product%20Fresh.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Ready-to-Eat Foods
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Food%20Safety%20Keeping%20Product%20Fresh.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Food%20Safety%20Keeping%20Product%20Fresh.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Ready-to-Eat Foods Fill in the Blank
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Food%20Safety%20Keeping%20Product%20Fresh.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Food%20Safety%20Keeping%20Product%20Fresh.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Restaurant and Take-out Foods
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/11%20-Food%20Safety%20Restaurant%20and%20Take-out%20Foods.pdf">http://www.nmaging.state.nm.us/uploads/files/11%20-Food%20Safety%20Restaurant%20and%20Take-out%20Foods.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Food Safety Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Restaurant and Take-out Foods—Word Search
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/12%20-Food%20Safety%20Restaurant%20and%20Take-out%20Foods%20Word%20Search.pdf">http://www.nmaging.state.nm.us/uploads/files/12%20-Food%20Safety%20Restaurant%20and%20Take-out%20Foods%20Word%20Search.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Calcium 1
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Healthy%20Eating%20Calcium.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Healthy%20Eating%20Calcium.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Calcium 2
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Healthy%20Eating%20Calcium%202.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Healthy%20Eating%20Calcium%202.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Change UpYour Breakfast!
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Healthy%20Eating%20Change%20Up%20Your%20Breakfast.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Healthy%20Eating%20Change%20Up%20Your%20Breakfast.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Cooking for One
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Healthy%20Eating%20Cooking%20for%20One.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Healthy%20Eating%20Cooking%20for%20One.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Creating a No-Cook Meal
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Healthy%20Eating%20Creating%20a%20No-Cook%20Meal.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Healthy%20Eating%20Creating%20a%20No-Cook%20Meal.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Drink to Your Health
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Healthy%20Eating%20Drink%20to%20Your%20Health.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Healthy%20Eating%20Drink%20to%20Your%20Health.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Facts About Breakfast
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Healthy%20Eating%20Facts%20about%20Breakfast.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Healthy%20Eating%20Facts%20about%20Breakfast.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Finding Good Health
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Healthy%20Eating%20Finding%20Good%20Health.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Healthy%20Eating%20Finding%20Good%20Health.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Fluids
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/9%20-Healthy%20Eating%20Fluids.pdf">http://www.nmaging.state.nm.us/uploads/files/9%20-Healthy%20Eating%20Fluids.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Folate 1
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20-Healthy%20Eating%20Folate%201.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20-Healthy%20Eating%20Folate%201.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Folate 2
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/11%20-Healthy%20Eating%20Folate.pdf">http://www.nmaging.state.nm.us/uploads/files/11%20-Healthy%20Eating%20Folate.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Food Storage Guide
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/12%20-Healthy%20Eating%20Food%20Storage%20Guide.pdf">http://www.nmaging.state.nm.us/uploads/files/12%20-Healthy%20Eating%20Food%20Storage%20Guide.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Healthier Beverage Options
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/13%20-Healthy%20Eating%20Healthier%20Beverage%20Options.pdf">http://www.nmaging.state.nm.us/uploads/files/13%20-Healthy%20Eating%20Healthier%20Beverage%20Options.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Improve Nutrition with SNAP
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/14%20Healthy%20Eating%20Improve%20Nutrition%20with%20SNAP.pdf">http://www.nmaging.state.nm.us/uploads/files/14%20Healthy%20Eating%20Improve%20Nutrition%20with%20SNAP.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Improving Your Convenience Foods
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/15%20-Healthy%20Eating%20Improving%20Your%20Convenience%20Foods.pdf">http://www.nmaging.state.nm.us/uploads/files/15%20-Healthy%20Eating%20Improving%20Your%20Convenience%20Foods.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Lowering Your Blood Pressure with DASH
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/16%20-Healthy%20Eating%20Lowering%20your%20Blood%20Pressure%20with%20DASH.pdf">http://www.nmaging.state.nm.us/uploads/files/16%20-Healthy%20Eating%20Lowering%20your%20Blood%20Pressure%20with%20DASH.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Meals Without Cooking
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/17%20-Healthy%20Eating%20Meals%20without%20Cooking.pdf">http://www.nmaging.state.nm.us/uploads/files/17%20-Healthy%20Eating%20Meals%20without%20Cooking.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	No-Cook Breakfast Ideas
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/18%20-Healthy%20Eating%20No%20Cook%20Breakfast%20Ideas.pdf">http://www.nmaging.state.nm.us/uploads/files/18%20-Healthy%20Eating%20No%20Cook%20Breakfast%20Ideas.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	No-Cook Recipes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/19%20-Healthy%20Eating%20No%20Cook%20Recipes.pdf">http://www.nmaging.state.nm.us/uploads/files/19%20-Healthy%20Eating%20No%20Cook%20Recipes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Nurtition and Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/20%20-Healthy%20Eating%20Nutrition%20and%20Diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/20%20-Healthy%20Eating%20Nutrition%20and%20Diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Salad Suggestions
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/21%20-Healthy%20Eating%20Salad%20Suggestions.pdf">http://www.nmaging.state.nm.us/uploads/files/21%20-Healthy%20Eating%20Salad%20Suggestions.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Sixteen Savory Snacks
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/22%20-Healthy%20Eating%20Sixteen%20Savory%20Snacks.pdf">http://www.nmaging.state.nm.us/uploads/files/22%20-Healthy%20Eating%20Sixteen%20Savory%20Snacks.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Smart Snacking
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/23%20-Healthy%20Eating%20Smart%20Snacking.pdf">http://www.nmaging.state.nm.us/uploads/files/23%20-Healthy%20Eating%20Smart%20Snacking.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Tips for Staying Regular
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/24%20-Healthy%20Eating%20Tips%20for%20Staying%20Regular.pdf">http://www.nmaging.state.nm.us/uploads/files/24%20-Healthy%20Eating%20Tips%20for%20Staying%20Regular.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Strategies for Eating Alone
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/25%20-Healthy%20Eating%20Strategies%20for%20Eating%20Alone.pdf">http://www.nmaging.state.nm.us/uploads/files/25%20-Healthy%20Eating%20Strategies%20for%20Eating%20Alone.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Super Sandwiches
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/26%20-Healthy%20Eating%20Super%20Sandwiches.pdf">http://www.nmaging.state.nm.us/uploads/files/26%20-Healthy%20Eating%20Super%20Sandwiches.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	The Importance of Eating
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/27%20-Healthy%20Eating%20The%20Importance%20of%20Eating.pdf">http://www.nmaging.state.nm.us/uploads/files/27%20-Healthy%20Eating%20The%20Importance%20of%20Eating.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Eating Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Understanding the Nutrition Facts Label
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/28%20-Healthy%20Eating%20Understanding%20the%20Nutrition%20Facts%20Label.pdf">http://www.nmaging.state.nm.us/uploads/files/28%20-Healthy%20Eating%20Understanding%20the%20Nutrition%20Facts%20Label.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Are You at Risk for Dehydration?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Healthy%20Living%20Are%20you%20at%20Risk%20for%20Dehydration.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Healthy%20Living%20Are%20you%20at%20Risk%20for%20Dehydration.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Are You at Risk for Diabetes?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Healthy%20Living%20Are%20you%20at%20Risk%20for%20Diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Healthy%20Living%20Are%20you%20at%20Risk%20for%20Diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Are You at Risk for Drug Interactions?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Healthy%20Living%20Are%20you%20at%20Risk%20for%20Drug%20Interactions.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Healthy%20Living%20Are%20you%20at%20Risk%20for%20Drug%20Interactions.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Changing Your Lifestyle to Improve Your Blood Pressure
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20Healthy%20Living%20Changing%20your%20Lifestyle%20to%20Improve%20your%20Blood%20Pressure.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20Healthy%20Living%20Changing%20your%20Lifestyle%20to%20Improve%20your%20Blood%20Pressure.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Checking Blood Glucose
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Healthy%20Living%20Checking%20Blood%20Glucose.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Healthy%20Living%20Checking%20Blood%20Glucose.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Clues of Quackery
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Healthy%20Living%20Clues%20of%20Quackery.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Healthy%20Living%20Clues%20of%20Quackery.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Determine Your Nutritional Health
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Healthy%20Living%20Determine%20Your%20Nutritional%20Health.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Healthy%20Living%20Determine%20Your%20Nutritional%20Health.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Happy%20Living%20Diabetes%201.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Happy%20Living%20Diabetes%201.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Diabetes Resources
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20-Healthy%20Living%20Diabetes%20Resources.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20-Healthy%20Living%20Diabetes%20Resources.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Diabetes Warning Signs
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20Healthy%20Living%20Diabetes%20Resources.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20Healthy%20Living%20Diabetes%20Resources.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Exercise and Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/12%20-%20Healthy%20Living%20Exercise%20and%20Diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/12%20-%20Healthy%20Living%20Exercise%20and%20Diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Food Can Affect Your Medicines
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/13%20-Healthy%20Living%20Food%20can%20affect%20your%20medicines.pdf">http://www.nmaging.state.nm.us/uploads/files/13%20-Healthy%20Living%20Food%20can%20affect%20your%20medicines.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	High Blood Pressure
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/14%20-Healthy%20Living%20High%20Blood%20Pressure.pdf">http://www.nmaging.state.nm.us/uploads/files/14%20-Healthy%20Living%20High%20Blood%20Pressure.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Keep Track of Your Blood Pressure
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/15%20-Healthy%20Living%20Keep%20Track%20of%20Your%20Blood%20Pressure.pdf">http://www.nmaging.state.nm.us/uploads/files/15%20-Healthy%20Living%20Keep%20Track%20of%20Your%20Blood%20Pressure.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Monitoring Your Blood Pressure at Home
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/15%20-Healthy%20Living%20Keep%20Track%20of%20Your%20Blood%20Pressure.pdf">http://www.nmaging.state.nm.us/uploads/files/15%20-Healthy%20Living%20Keep%20Track%20of%20Your%20Blood%20Pressure.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Reliable Websites
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/17%20-Happy%20Living%20Reliable%20Websites.pdf">http://www.nmaging.state.nm.us/uploads/files/17%20-Happy%20Living%20Reliable%20Websites.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Scrambling for a Variety of Foods
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/18%20-Healthy%20Eating%20Scrambling%20for%20a%20Variety%20of%20Foods.pdf">http://www.nmaging.state.nm.us/uploads/files/18%20-Healthy%20Eating%20Scrambling%20for%20a%20Variety%20of%20Foods.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Staying Regular
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/19%20-Healthy%20Living%20Staying%20Regular.pdf">http://www.nmaging.state.nm.us/uploads/files/19%20-Healthy%20Living%20Staying%20Regular.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Taking Care from Head to Toe
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/20%20-Healthy%20Living%20Taking%20Care%20from%20Head%20to%20Toe.pdf">http://www.nmaging.state.nm.us/uploads/files/20%20-Healthy%20Living%20Taking%20Care%20from%20Head%20to%20Toe.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Tips for Remembering Your Medication
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/21%20-Healthy%20Living%20Tips%20for%20Remembering%20Your%20Medication.pdf">http://www.nmaging.state.nm.us/uploads/files/21%20-Healthy%20Living%20Tips%20for%20Remembering%20Your%20Medication.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Nutrition—Resources Nutrition English—Healthy Living Series
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Tips for Staying Regular
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/22%20-Healthy%20Living%20Tips%20for%20Staying%20Regular.pdf">http://www.nmaging.state.nm.us/uploads/files/22%20-Healthy%20Living%20Tips%20for%20Staying%20Regular.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: El calcio
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Alimentacion%20Saludable%20El%20Calcio.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Alimentacion%20Saludable%20El%20Calcio.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Calcio
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Alimentacion%20Saludable%20Calcio.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Alimentacion%20Saludable%20Calcio.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: ¡Cambie su desayuno!
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Alimentacion%20Saludable%20Cambie%20su%20desayuno.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Alimentacion%20Saludable%20Cambie%20su%20desayuno.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Cocinando para uno solo
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Alimentacion%20Saludable%20Cocinando%20Para%20Uno%20Solo.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Alimentacion%20Saludable%20Cocinando%20Para%20Uno%20Solo.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Crucigrama sobre meriendas nutritivas
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Alimebtacion%20Saludable%20Crucigrama%20Sobre%20Meriendas%20nutritivas.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Alimebtacion%20Saludable%20Crucigrama%20Sobre%20Meriendas%20nutritivas.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación saludable: Creando una comida sin tener que cocinar
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Alimentacion%20saludable%20creando%20una%20comida%20sin%20tener%20que%20cocinar.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Alimentacion%20saludable%20creando%20una%20comida%20sin%20tener%20que%20cocinar.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Dieciséis meriendas apetitosas
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Alimentacion%20Saludable%20Dieciseis%20Meriendas%20Apetitosas.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Alimentacion%20Saludable%20Dieciseis%20Meriendas%20Apetitosas.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Estrategias para comer solo
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Alimentacion%20Saludable%20Estrategias%20para%20comer%20solo.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Alimentacion%20Saludable%20Estrategias%20para%20comer%20solo.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Ideas para desayunos que no requieren cocción
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/9%20-Alimentacion%20Saludable%20Ideas%20para%20desayunos%20que%20no%20requieren%20coccion.pdf">http://www.nmaging.state.nm.us/uploads/files/9%20-Alimentacion%20Saludable%20Ideas%20para%20desayunos%20que%20no%20requieren%20coccion.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Juego de letras de bebidas saludables
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20-Alimentacion%20Saludable%20Juego%20de%20letras%20de%20bebidas%20saludables.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20-Alimentacion%20Saludable%20Juego%20de%20letras%20de%20bebidas%20saludables.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: La Importancia de Alimentarse
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/11%20-Alimentacion%20Saludable%20La%20importancia%20de%20alimentarse.pdf">http://www.nmaging.state.nm.us/uploads/files/11%20-Alimentacion%20Saludable%20La%20importancia%20de%20alimentarse.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: Manteniéndose Regular
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/12%20-Vida%20Saludable%20Manteniendose%20Regular.pdf">http://www.nmaging.state.nm.us/uploads/files/12%20-Vida%20Saludable%20Manteniendose%20Regular.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Meriendas saludables
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/12%20-Vida%20Saludable%20Manteniendose%20Regular.pdf">http://www.nmaging.state.nm.us/uploads/files/12%20-Vida%20Saludable%20Manteniendose%20Regular.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Opciones de bebidas más saludables
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/14%20-Alimentacion%20Saludable%20Opciones%20de%20bebidas%20mas%20saludables.pdf">http://www.nmaging.state.nm.us/uploads/files/14%20-Alimentacion%20Saludable%20Opciones%20de%20bebidas%20mas%20saludables.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: ¡Organice Su Plato!
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/15%20-Alimentacion%20Saludable%20Organice%20Su%20Plato.pdf">http://www.nmaging.state.nm.us/uploads/files/15%20-Alimentacion%20Saludable%20Organice%20Su%20Plato.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Realidades sobre el desayuno
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/16%20-Alimentacion%20Saludable%20Realidades%20sobre%20el%20desayuno.pdf">http://www.nmaging.state.nm.us/uploads/files/16%20-Alimentacion%20Saludable%20Realidades%20sobre%20el%20desayuno.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Recetas que no requieren cocción
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/17%20-Alimentacion%20Saludable%20Recetas%20que%20no%20requieren%20coccion.pdf">http://www.nmaging.state.nm.us/uploads/files/17%20-Alimentacion%20Saludable%20Recetas%20que%20no%20requieren%20coccion.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Sugerencias para ensaladas
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/18%20-Alimentacion%20Saludable%20Sugerencias%20para%20ensaladas.pdf">http://www.nmaging.state.nm.us/uploads/files/18%20-Alimentacion%20Saludable%20Sugerencias%20para%20ensaladas.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentación Saludable: Super sandwiches
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/19%20-Alimentacion%20Saludable%20Super%20Sandwiches.pdf">http://www.nmaging.state.nm.us/uploads/files/19%20-Alimentacion%20Saludable%20Super%20Sandwiches.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	La Aceptabilidad Sensorial de los Alimentos en Puré
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-La%20Aceptabilidad%20Sensorial%20de%20los%20Alimentos%20en%20Pure.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-La%20Aceptabilidad%20Sensorial%20de%20los%20Alimentos%20en%20Pure.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentos en puré: Guía para comidas rápidas
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Alimentos%20en%20pure%20Guia%20para%20comidas%20rapidas.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Alimentos%20en%20pure%20Guia%20para%20comidas%20rapidas.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentos en puré: Los purés altos en proteína
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Alimentos%20en%20pure%20Los%20pures%20altos%20en%20proteina.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Alimentos%20en%20pure%20Los%20pures%20altos%20en%20proteina.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentos en Puré: Prueba de Textura con la Prueba de Desplome
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Alimentos%20en%20Pure%20Prueba%20de%20Textura%20con%20la%20Prueba%20de%20Desplome.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Alimentos%20en%20Pure%20Prueba%20de%20Textura%20con%20la%20Prueba%20de%20Desplome.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Los Alimentos en Puré y la Fibra
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Los%20Alimentos%20en%20Pure%20y%20la%20Fibra.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Los%20Alimentos%20en%20Pure%20y%20la%20Fibra.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Los Alimentos Hechos en Puré, las Bebidas Espesadas y las Necesidades de Agua
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Los%20Alimentos%20Hechos%20en%20Pure%20las%20Bebidas%20Espesadas%20y%20las%20Necisidades%20de%20Aqua.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Los%20Alimentos%20Hechos%20en%20Pure%20las%20Bebidas%20Espesadas%20y%20las%20Necisidades%20de%20Aqua.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Comidas en puré para problemas al tragar
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Comidas%20en%20pure%20para%20problemas%20al%20tragar.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Comidas%20en%20pure%20para%20problemas%20al%20tragar.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Modificación de la textura de alimentos para los adultos mayores
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Modificacion%20de%20la%20textura%20de%20alimentos%20para%20los%20adultos%20mayores.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Modificacion%20de%20la%20textura%20de%20alimentos%20para%20los%20adultos%20mayores.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Preparación de alimentos en puré
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/9%20-Preparacion%20de%20alimentos%20en%20pure.pdf">http://www.nmaging.state.nm.us/uploads/files/9%20-Preparacion%20de%20alimentos%20en%20pure.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Alimentación en Pure Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Prueba de la cuchara para alimentos en puré
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20-Prueba%20de%20la%20cuchara%20para%20alimentos%20en%20pure.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20-Prueba%20de%20la%20cuchara%20para%20alimentos%20en%20pure.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Alimentacion Saludable Nutricion y Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Alimentacion%20saludable%20Nutricion%20y%20diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Alimentacion%20saludable%20Nutricion%20y%20diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Conteo de carbohidratos Comidas para la Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Conteo%20de%20carbohidratos%20Comidas%20para%20la%20Diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Conteo%20de%20carbohidratos%20Comidas%20para%20la%20Diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable Diabetes 1
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Vida%20Saludable%20Diabetes%201.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Vida%20Saludable%20Diabetes%201.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable Diabetes 2
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Vida%20Saludable%20Diabetes%202.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Vida%20Saludable%20Diabetes%202.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable Examinando el nivel de glucose en la sangre
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Vida%20Saludable%20Examinando%20El%20Nivel%20de%20glucosa%20en%20la%20sangre(1).pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Vida%20Saludable%20Examinando%20El%20Nivel%20de%20glucosa%20en%20la%20sangre(1).pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable Senales de advertencia sobre la diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Vida%20saludable%20Senales%20de%20advertencia%20sobre%20la%20diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Vida%20saludable%20Senales%20de%20advertencia%20sobre%20la%20diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Diabetes en Español Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Virir con Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Vivir%20con%20Diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Vivir%20con%20Diabetes.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Cinco pasos para obtener seguridad alimentaria
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Seguridad%20Alimentaria%20Cinco%20pasos%20para%20obtener%20seguridad%20alimentaria.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Seguridad%20Alimentaria%20Cinco%20pasos%20para%20obtener%20seguridad%20alimentaria.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: ¿Su cocina pasa la prueba?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Seguridad%20Alimentaria%20Su%20Cocina%20pasa%20la%20prueba.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Seguridad%20Alimentaria%20Su%20Cocina%20pasa%20la%20prueba.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Crucigrama de Alimentos de Alto Riesgo
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Seguridad%20Alimentaria%20Crucigrama%20de%20Alimentos%20de%20Alto%20Riesgo.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Seguridad%20Alimentaria%20Crucigrama%20de%20Alimentos%20de%20Alto%20Riesgo.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Seguridad alimentaria basica en el hogar
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Seguridad%20Alimentaria%20Seguridad%20Alimentaria%20Basica%20en%20el%20hogar.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Seguridad%20Alimentaria%20Seguridad%20Alimentaria%20Basica%20en%20el%20hogar.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Sehuridad Alimentaria: Manipulando frutas y vegetales frescos
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Sehuridad%20Alimentaria%20Manipulando%20frutas%20y%20vegetales%20frescos.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Sehuridad%20Alimentaria%20Manipulando%20frutas%20y%20vegetales%20frescos.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Crucigrama sobre alimentos de alto riesgo
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20-Seguridad%20Alimentaria%20Crucigrama%20sobre%20alimentos%20de%20alto%20riesgo.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20-Seguridad%20Alimentaria%20Crucigrama%20sobre%20alimentos%20de%20alto%20riesgo.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Manteniendo las frutas y vegetales frescos
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Seguridad%20Alimentaria%20Manteniendo%20las%20frutas%20y%20vegetales%20frescos.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Seguridad%20Alimentaria%20Manteniendo%20las%20frutas%20y%20vegetales%20frescos.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Alimentos listos para comer
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Seguridad%20Alimentaria%20Alimentos%20listos%20para%20comer.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Seguridad%20Alimentaria%20Alimentos%20listos%20para%20comer.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Llene los espacios sobre los alimentos listos para consumir
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/9%20Seguridad%20Alimentaria%20Llene%20los%20espacios%20sobre%20los%20alimentos%20listos%20para%20consumir.pdf">http://www.nmaging.state.nm.us/uploads/files/9%20Seguridad%20Alimentaria%20Llene%20los%20espacios%20sobre%20los%20alimentos%20listos%20para%20consumir.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Restaurantes y comidas para llevar
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20-Seguridad%20Alimentaria%20Restaurantes%20y%20comidad%20para%20llevar.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20-Seguridad%20Alimentaria%20Restaurantes%20y%20comidad%20para%20llevar.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Seguridad Alimentaria Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Seguridad Alimentaria: Búsqueda de palabras sobre restaurantes y comidas para llevar
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/11%20-Seguridad%20Alimentaria%20Busqueda%20de%20palabras%20sobre%20resturantes%20y%20comidas%20para%20llevar.pdf">http://www.nmaging.state.nm.us/uploads/files/11%20-Seguridad%20Alimentaria%20Busqueda%20de%20palabras%20sobre%20resturantes%20y%20comidas%20para%20llevar.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: DETERMINE su Salud Nutricional
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/1%20-Vida%20Saludable%20Determine%20su%20salud%20nutritional.pdf">http://www.nmaging.state.nm.us/uploads/files/1%20-Vida%20Saludable%20Determine%20su%20salud%20nutritional.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/2%20-Vida%20Saludable%20Diabetes%201.pdf">http://www.nmaging.state.nm.us/uploads/files/2%20-Vida%20Saludable%20Diabetes%201.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: Diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/3%20-Vida%20Saludable%20Diabetes%202.pdf">http://www.nmaging.state.nm.us/uploads/files/3%20-Vida%20Saludable%20Diabetes%202.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: ¿Esta usted en riesgo de deshidratación?
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/4%20-Vida%20Saludable%20Esta%20usted%20en%20riesgo%20de%20deshidratacion.pdf">http://www.nmaging.state.nm.us/uploads/files/4%20-Vida%20Saludable%20Esta%20usted%20en%20riesgo%20de%20deshidratacion.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida saludable: Examinando el nivel de glucosa en la sangre
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/5%20-Vida%20Saludable%20Examinando%20El%20Nivel%20de%20glucosa%20en%20la%20sangre.pdf">http://www.nmaging.state.nm.us/uploads/files/5%20-Vida%20Saludable%20Examinando%20El%20Nivel%20de%20glucosa%20en%20la%20sangre.pdf</a>





## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: Fuentes de información sobre la diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/6%20%20-Vida%20Saludable%20Fuentes%20de%20informacion%20sobre%20la%20diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/6%20%20-Vida%20Saludable%20Fuentes%20de%20informacion%20sobre%20la%20diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: Juego de letras para cambiar su estilo de vida
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/7%20-Vida%20Saludable%20Juego%20de%20letras%20para%20cambiar%20su%20estilo%20de%20vida.pdf">http://www.nmaging.state.nm.us/uploads/files/7%20-Vida%20Saludable%20Juego%20de%20letras%20para%20cambiar%20su%20estilo%20de%20vida.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: Monitoreando la presión arterial desde la casa
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/8%20-Vida%20Saludable%20Monitoreando%20la%20presion%20arterial%20desde%20la%20casa.pdf">http://www.nmaging.state.nm.us/uploads/files/8%20-Vida%20Saludable%20Monitoreando%20la%20presion%20arterial%20desde%20la%20casa.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida saludable: Señales de advertencia sobre la diabetes
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/9%20-Vida%20Saludable%20Senales%20de%20advertencia%20sobre%20la%20diabetes.pdf">http://www.nmaging.state.nm.us/uploads/files/9%20-Vida%20Saludable%20Senales%20de%20advertencia%20sobre%20la%20diabetes.pdf</a>



## Content Type: Resource Library

<b>Course Title or Fact Sheet</b>	Recursos Nutrición Español—Vida Saludable Serie
<b>Presentation Type</b>	Fact Sheet
<b>Brief Explanation</b>	Vida Saludable: ¡Use sus medicinas de una manera segura!
<b>Link</b>	<a href="http://www.nmaging.state.nm.us/uploads/files/10%20-Vida%20Saludable%20Use%20Sus%20Medicinas%20de%20una%20manera%20segura.pdf">http://www.nmaging.state.nm.us/uploads/files/10%20-Vida%20Saludable%20Use%20Sus%20Medicinas%20de%20una%20manera%20segura.pdf</a>