

### New Mexico Commodity Supplemental Food Program (CSFP) for Seniors

NM HSD partners with community organizations throughout the state to provide nutritious food to supplement the diet of Seniors who may be at risk for malnutrition. Currently, there are 5 regional centers and 122 tailgate sites located throughout the state who distribute a monthly box of food to eligible persons 60 years and older.

#### **How Do I Qualify for CSFP?**

- Adults 60 years of age and older
- Residency: must live within the service area at the time of application for services.
- Income Eligibility Requirement: up to 130% of the Federal poverty guidelines published annually by the Department of Health and Human Services

#### **How Do I Apply for CSFP?**

Applications are available at the warehouses and distribution sites. To Apply for CSFP benefits the applicant or caretaker of the applicant must provide the following information on the application:

- Proof of age and identity: driver license or picture ID
- Proof of residency: physical address included on mail such as a utility bill
- Income eligibility: Social Security Award letter, retirement income statement, annuity statement, employment pay stub or any document that includes gross income for everyone in the household.

Households seeking food assistance are frequently eligible for other assistance programs that may provide much needed resources. These programs include The Emergency Food Assistance Program (TEFAP), and the Supplemental Nutrition Assistance Program (SNAP). Non-nutrition programs such as Medicaid, Medicare Savings Program (MSP) and Low Income Home Energy Assistance Program (LIHEAP) are also available for qualifying persons. Information is available through the Income Support Division county offices and on line at <a href="https://www.yes.state.nm.us">https://www.yes.state.nm.us</a>.



## **Monthly Food Package**

Commodity	Available		
Food Group Package	Number of Items		
Meat: Beef, Chicken, Fish			
24-29.5 oz., Can or Pouch	1 or 2		
<b>Canned Vegetables</b>			
Low Sodium 15 - 16 oz. can	4		
Canned Fruits			
Low Sugar 15 - 16 oz. can	2		
Cereal: Ready to Eat, Assorted 12-			
18 oz. box	2		
Cheese 2lb. Package	1		
UHT Fluid 1% Milk 32 oz.	2		
Instant Nonfat Dry Milk			
12.8 or 25.6 oz. Package, Every			
<b>Month or Every Other Month</b>	1		
Pasta, Rice or Potatoes 2lbs.	1-2		
Dry Beans 1 lb. Bag or			
Peanut Butter 18 oz. Jar	1		
Fruit Juice 64 oz. Bottle	2		

Call the nearest regional center for more information on eligibility, and to find the location closest to you. Four contractors support all 33 NM counties:

#### **Central Region**

Economic Council Helping Others, Inc.
(ECHO, Inc.)
300 Menaul Blvd NW, Ste. 226,
Albuquerque, NM 87107
505-242-6777

Bernalillo, Cibola, Los Alamos, Rio Arriba (Española), Sandoval, Santa Fe, Valencia

#### **Southern Region**

Loaves and Fishes, Inc.
320 Southgate Court, Las Cruces, NM
88005

575-523-1272

Doña Ana, Luna, Otero (Alamogordo & Tularosa), Sierra

#### **Eastern Region**

The Salvation Army Roswell Corps 207 Chisum St., Roswell, NM 88201 575-625-2030

Chaves, Colfax, Curry, De Baca, Eddy, Guadalupe, Harding, Lea, Lincoln, Mora, Otero (Mescalero), Quay, Roosevelt, San Miguel, Socorro, Taos, Torrance, Union

#### **Northwest Region**

Economic Council Helping Others, Inc. (ECHO, Inc.) 401 S. Commercial St., Farmington NM 87401

505-326-3770

McKinley, Rio Arriba, San Juan, Sandoval (Cuba),

#### **Southwest Region**

The Wellness Coalition
524 De Moss, Lordsburg, NM 88045
575-956-3056
Catron, Grant, Hidalgo

CSFP Counties of Service

- ECHO Ribuquerque
- ECHO Farmington
- The Salvation from San Juan
- Loaves & Fishes
- Heliness Coals son
- McKinley

Sandoval

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Source: diymaps.net (c)



# EFFECTIVE FEBRUARY 4, 2019 NM HSD FANS FEDERAL SENIOR POVERTY GUIDELINES 130%

#### **CFSP INCOME GUIDELINES**

No. of Household Members	Total Income		
	Annual	Monthly	Weekly
1	\$16,237	\$1,354	\$313
2	\$21,983	\$1,832	\$423
3	\$27,729	\$2,311	\$534
4	\$33,475	\$2,790	\$644
5	\$39,221	\$3,269	\$755
6	\$44,967	\$3,748	\$865
7	\$50,713	\$4,227	\$976
8	\$56,459	\$4,705	\$1,086
For each additional family member, add	+\$5,746	+\$479	+\$111

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To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint-filing-cust.html">http://www.ascr.usda.gov/complaint-filing-cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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