

Food Safety: High Risk Foods Word Search¹

Emily Minton²

Many older adults choose to buy ready-to-eat foods for a variety of reasons including not wanting to cook for one, no motivation to cook full meals, or being unable to cook. Use this word search see several high-risk ready-to-eat foods that older adults should avoid, cook well, or keep well chilled.

M U V A W O H U M V E X L U T
 A T H G R O R G M R V M R Q L
 K E Z J T A G Y X J O B N W K
 U X E D S E T A P L K K B R A
 O X O U F U Z I L E S K Q D I
 A G R O P T H O S G A R W B R
 S A G V U N M E H D M V U O Y
 P C H U F D E L I S A L A D S
 D W O M X H Y F M R C Z K H W
 K B V L C Y K R N A Q J C N A
 G M G T D L I H B W I V R M W
 J Z F D K C D P R M X R D D P
 P O P G Y X U C P I S J O C T
 S Y Y U J Z J T Z L L D Z G Q
 V M F S Y J D K S K Q G B I L

FOODS TO AVOID

RAW MILK



SOFT CHEESE



FOOD TO COOK WELL

COLD CUTS



HOTDOGS



FOODS TO KEEP WELL CHILLED

DELI SALADS



PATÉS



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2. Emily Minton, ENAFS program coordinator; Department of Family, Youth and Community Sciences; UF/IFAS Extension; Gainesville, FL 32611.

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