



2025-2029 ALTSD STATE PLAN ON AGING

CALL FOR REVIEW AND COMMENT

As the designated State Unit on Aging, New Mexico's Aging and Long-Term Services Department (ALTSD) works to meet the needs of older adults and people with disabilities. ALTSD encompasses the Office of the Secretary and five key divisions that provide direct access to essential resources.

These divisions are:

- 1) Administrative Services Division
- 2) Consumer and Elder Rights Division
- 3) Aging Network Division
- 4) Adult Protective Services Division
- 5) Long Term Care Division

ALTSD's mission remains focused on empowering individuals to maintain their independence, health, and dignity, providing services that enhance their ability to live independently and participate fully in their communities. This pledge is reflected in New Mexico's 2025-2029 State Plan on Aging.



The State Plan includes the strategies to achieve the plan as well as to implement the agency's key goals:

GOAL 1:

Administer core programs that enable older New Mexicans to remain in their residence and community through the availability of and access to high-quality home and community services and supports, including supports for families and caregivers.

GOAL 2:

Respond to social determinants of health, including food and housing security, social support and connection, employment and meaningful engagement, and access to information and health services.

GOAL 3:

Reduce occurrences of abuse, neglect and exploitation while improving outcomes in communities and long-term care settings and preserving the rights and autonomy of older New Mexicans.

HOW TO COMMENT:



To view the DRAFT State Plan and take the survey, follow the QR code or visit aging.nm.gov/services

For questions or to provide feedback, please visit www.nmaging.gov or send an email to: ALTSD-NMStatePlanComments@altsd.nm.gov

*This document is a **draft** version of the New Mexico State Plan on Aging prepared by New Mexico's Aging and Long-Term Services Department. It is available to the public to enhance transparency and gather input.*

Please note this is not the final version and may be subject to changes, revisions, and additional attachments.