

STATE OF NEW MEXICO Michelle Lujan Grisham, Governor Jen Paul Schroer, Cabinet Secretary Designate Sarah Jacobs, Deputy Secretary Antoinette Vigil, Deputy Secretary

## FOR IMMEDIATE RELEASE

October 5, 2023

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## New Mexico Aging and Long-Term Services Department Announces the 45<sup>th</sup> Annual Conference on Aging

SANTA FE – The highly-anticipated 45th Annual Conference on Aging is back and ready to inspire, educate, and empower seniors and their caregivers. The event will take place on Monday, November 13<sup>th</sup> and Tuesday, November 14<sup>th</sup> at the National Hispanic Cultural Center in Albuquerque.

This two-day conference is a celebration of seniors and their invaluable contributions to our community, as well as an opportunity for attendees to gain valuable insights, resources, and connections to enhance their quality of life and well-being.

"We are thrilled to welcome seniors, caregivers, and professionals to the 45th Annual Conference on Aging," said Aging and Long-Term Services Department Secretary Designate **Jen Paul Schroer.** "This event is an opportunity to celebrate the wisdom and resilience of our senior community while providing them with the tools and support they need to live their best lives right here in the Land of Enchantment."

**Conference Highlights:** 

- **Keynote Speakers**: Renowned experts and thought leaders in the field of aging will deliver inspiring talks and presentations on a wide range of topics, from health and wellness to financial planning and caregiving.
- **Interactive Workshops**: Attendees will have the opportunity to participate in interactive workshops designed to provide practical tools and solutions for everyday challenges faced by seniors and caregivers.
- **Exhibition Hall:** A diverse array of exhibitors and service providers will be on hand to offer information on local resources, support services, and community organizations catering to seniors.
- **Networking Opportunities**: Connect with fellow attendees, professionals, and advocates dedicated to enhancing the lives of seniors in New Mexico.

• **Cultural Enrichment**: The National Hispanic Cultural Center provides a stunning backdrop for the conference, allowing participants to immerse themselves in the rich cultural heritage of New Mexico.

**Conference Details:** 

- Date: November 13-14, 2023
- **Time**: 8:30am 4:30pm
- Location: National Hispanic Cultural Center, Albuquerque, New Mexico
- **Registration**: Registration is now open at <u>https://www.aginginnm.org</u>
- **Cost**: \$10 (scholarships available)

Dance Details:

- **Date:** November 13, 2023
- **Time:** 5:30-8:00pm
- Location: The Clyde Hotel Downtown Albuquerque
- Cost: Included in conference registration

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The New Mexico Aging and Long-Term Services Department (ALTSD) was established in 2004 to provide advocacy, support, and resources for seniors and adults with disabilities. The department oversees the state's Area Agencies on Aging to elevate the quality of care at senior centers, offers advocacy through the Long-Term Care Ombudsman volunteer program, and provides intervention through the agency's national award-winning Adult Protective Services. Additionally, ALTSD houses the state's Aging and Disability Resource Center, which offers options counseling, education, and connection to resources. For more information about ALTSD, visit <u>aging.nm.gov</u> or follow us on <u>Facebook, X (Twitter</u>), and <u>Instagram</u> @NewMexicoAging.

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