



THE MEMORY CARE ALLIANCE

Are you caring for someone living with Alzheimer's? You are not alone. Help is here.

The road of a caregiver is a long one. Are you prepared for your journey?

Prepare to Care - a two day workshop

A Caregiver's Guide to Success

This course will enable you to educate yourself with the necessary skills needed, develop understanding of dementia-related illness and empower yourself to provide the best possible care for your loved-one.

Understanding the types of dementia.

Problem solving.

Learn the traits of a good caregiver.

Legal and financial planning.

The three priorities care.

Day to day caregiving techniques.

Communication skills.

Family dynamics

Behavior challenges.

How to create a long term care plan.

Finding resources.

Shopping for services like in-home care.

....and learn how to manage your own self care..

Participants who complete the entire course will receive a certificate of completion.



This is a **FREE** program with funding provided by



"Learn the art of caregiving and to think like a caregiver".

Developed and presented by David Davis, Founder and Executive Director of The Memory Care Alliance. David was a caregiver for his mother who lived with Alzheimer's for eleven years.

Aging and Long Term Services Office

600 West Arrington Street

Thursday and Friday

June 27th and 28th

1:00 - 5:00

A reservation is required.

Contact admin@thememorycarealliance.org
or call 505-310-9752
for more information or to reserve your seat.

On-site and in-home respite care is available.